



Coronavirus Ride Leader Guidance (Updated 11/08/20)

Cycling UK has advised that group riding of up to six people can go ahead in England and have provided guidance on returning to group rides. Cycling UK suggest that a Covid risk assessment should be undertaken and guidance provided to ride leaders and participants. The South Bucks Midweek Committee have undertaken a risk assessment on returning to group rides and this note provides advice to ride leaders. A separate note will provide more general guidance for all participants. The Committee will keep this guidance under review and update it as necessary.

Before the Start the ride leader should contact the proposed coffee and lunch stops to ascertain that they are open and what their arrangements are for booking, entering the premises, ordering, and seating. It may be necessary to allow extra time when planning the ride for stops as service is likely to be slower than usual.

Given the need to maintain social distancing during the ride the Leader may need to review their intended route to ensure it is suitable for an extended group, for example, using quieter roads and avoiding busy town or village centres..

At the start the Ride Leader should take the names of all participants to support the government's contact tracing activity. To minimise data protection issues the Committee will be able to match names to contact details if required.

In line with Cycling UK recommendations rides should be limited to small groups of six people including the ride leader, if more people arrive at the start, the ride leader will need to ask participants to form two groups which should be maintained during the ride and at any subsequent stops.

Ride leaders may also need to remind participants to bear in mind the general guidance on socially distanced riding, café/lunch stops, dealing with punctures or mechanicals and what to do if someone develops coronavirus symptoms during the ride.

During the ride it is important that a 2m social distance is maintained where possible, including at Junctions. The ride leader may need to ask participants to leave gaps in the 'train' to allow cars to pull in on some stretches of road.

After the ride the Ride Leader should send the names of participants to the Midweek rides secretary/Covid Officer at

midweek.rides@southbuckscycling.org.uk